

**Orchard Place/Child Guidance Center
Central Iowa System of Care
Summary for Activity between
July 2010 and June 2011**

The Central Iowa System of Care began serving families on October 26, 2009. Since that time, 125 children and youth with Severe Emotional Disturbances in Polk/Warren Counties have been served. A summary of the children and youth served as well as outcome information are provided below for those 120 served during the last fiscal year:

Demographic Information (n=120)

Age

- 13 years old was the average age of children/youth at intake with a range of 4-19 years old.

Gender	Number	Percent
Male	71	59%
Female	49	41%

Race	Number	Percent
Caucasian	94	78%
African American	24	20%
American Indian	0	0%
Asian	2	2%
Other Pacific Islander	0	0%
More than one race	0	0%

Ethnicity	Number	Percent
Non-Hispanic	108	90%
Hispanic	12	10%

Childhood Trauma or Abuse	Number	Percent
History of early childhood trauma or attachment issues	69	58%

Family Background Risk Factors	Number	Percent
Previous or current PMIC, Group Care or Hospital Placement	76	63%
Single parent household	58	48%
Previous hospitalization	57	48%
Previous or current PMIC Placement	46	38%
Previous Emergency Shelter Placement in last year prior to System of Care	15	13%
Adopted	24	20%
Previous or current Foster Home Placement	23	19%

Insurance	Number	Percent
Medicaid	74	62%
Private Insurance	29	24%
Medicaid & Private Insurance	17	14%

Referral County	Number	Percent
Polk	110	92%
Warren	10	8%

Referral Source	Number	Percent
Juvenile Court	24	20%
PMIC/Group Care	31	26%
Other*	16	13%
Therapist	22	18%
Dept. of Human Services	8	7%
Family	6	5%
School	10	8%
County Attorney	3	3%

*Other includes: VNS, Remedial/BHIS providers, ASK Resources and Community Support Advocacy

System of Care Discharge:

51 discharges since the Project's inception through the end of the June 2011.

45 were discharged placed at home – discharge reasons include:

1. Child/family receiving services through Children's Mental Health waiver or other waivers;
2. Transferred to adult services;
3. The family felt they could successfully manage ongoing treatment and services without further need for care coordination

2 moved out of the service area

2 started in group foster care and remained in group foster care with planning to move into the adult service system;

2 discharged to group foster care with the caveat that the child/family could return to SOC

Project Capacity:

Care Coordinators - 3.5 FTE

Care Coordination Caseloads - 20 per FTE

30 children/youth on waiting list

Outcome Indicators	Benchmark	Results
1. Stability of Placement	90%	85% of children/youth remained in least restrictive setting.
	100%	100% of children/youth placed in more restrictive setting had clinically based reasons for doing so
2. Functional Assessment	90%	92% (GAF) of children/youth between 6 and 18 stabilized or improved functional status (ability to function appropriate to age and developmental level in school behavior and/or academic achievement, relations with peers, adults and family and self care) from intake to discharge. 83% (CALOCUS Functional Status subscale) demonstrated stability or improved functional status.
3. School Functioning	90%	School suspensions were reduced 71%. The state reporting system did not track the overall count of students who had suspensions.
	90%	92% of students maintained or improved their attendance. 49% of the students with moderate to serious attendance issues improved their attendance
4. Juvenile Justice Involvement	95%	83% of children/youth had no new Juvenile Court charges while involved in services.
5. Commitment	98%	98% of families served had no involuntary committals for their child/youth.
6. DHS / Child Welfare Involvement	95%	93% of children/youth remained safe with no confirmed or founded child abuse charges.
	95%	94% of children/youth had no Child in Need of Assistance Petitions filed.
7. Response Time	100%	100% of the time upon referral, families were contacted within 24 hours.
8. Emergency Response Time	100%	N/A. To date, no situations designated as an emergency have occurred.
9. Satisfaction	90%	98% of parents and children/youth completing a survey reported satisfaction with the effectiveness of services provided.
10. Services Provided	80	120 children/youth and 116 families have been served between 7/1/10 and 6/30/11.

Comments on Outcomes:

1. The Central Iowa System of Care serves children and youth who are at risk for out of home treatment. Central Iowa System of Care serves children and youth not only at risk of out of home treatment, but those discharging from out of home treatment. Of those served, only 8% required more intensive out of home treatment. The 15% who were in residential treatment includes those who started care coordination while in residential treatment and were still there at the end of the fiscal year. Additionally, the System of Care actively began services with two children/youth from the start of their admission to a PMIC in order to shorten length of stay. As the program continues to evolve and gain more recognition in the community, earlier assessments of needs may identify these children for System of Care services earlier. The System of Care Project helped prevent residential treatment or contributed to an early return home from residential treatment and hospitalizations. This includes twenty-three children who would have been in PMIC and six in comprehensive level group foster care.

Comparison of Medicaid Reimbursement Rates by Service Type per Child

1 Day of Service		1 Hour of Service			1 Year of Service
PMIC	Group Foster Care	Remedial/BHIS Services	Individual Therapy	Medication Management	System of Care
\$175.14	\$147.69	\$93.00	\$62.94	\$45.00	\$2,750.00